

# St Benedict's Parish Arcadia



"But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere."

James 3:17

## PARISH MASS TIMES

### Weekend:

Saturday 7:00pm *Vigil*  
Sunday 9:00am  
Sunday 10:30am

### Weekday:

Mondays to Thursdays 9:30am

Fridays 6:30pm *Adoration*  
7:00pm *Mass & Confession*  
(*Reconciliation*)  
Saturdays 10:00am to 11:00am  
*Adoration & Confession*  
(*Reconciliation*)

## MONASTERY CHAPEL Masses

Sundays 7:00am  
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

**Fr Shansana: 0437 884 233**

## THIRTY-SECOND SUNDAY IN ORDINARY TIME YEAR A

**11 & 12 NOVEMBER 2023**

### ENTRANCE ANTIPHON

Let my prayer come into your presence. Incline your ear to my cry for help, O Lord.

### SUNDAY HOLY MASS PRAYER

Almighty and merciful God,  
Graciously keep from us all adversity, so that,  
unhindered in mind and body alike,  
we may pursue in freedom of heart  
the things that are yours.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

### SELF REFLECTION - STAY AWAKE

#### Sunday's Gospel, Matthew 25:1-13, Jesus says:

*"So stay awake, because you do not know either the day or the hour."*

We need to be awake, ready and alert for when Jesus comes again.

- How seriously do we take the need to be ready for Jesus? Is this a frequent thought or rarely considered?
- Do you feel we should be prepared for the world?
- Is spiritual readiness also about being equipped for life's challenges?
- Should we be prepared to see Jesus coming in our daily lives, through people and events?



### PRAYER

Lord, grant that I may be faithful today and every day, aware that you are with me in every circumstance. Keep my heart vigilant, ready to respond to your will and your grace. May I be diligent in my work, kind in my dealings, and eager in seeking you throughout my day. **Amen.**

Young Catholics

**First Reading: Wisdom 6:12-16 (JB)**

A reading from the book of Wisdom

*Wisdom is found by those who look for it.*

Wisdom is bright, and does not grow dim.  
By those who love her she is readily seen,  
and found by those who look for her.  
Quick to anticipate those who desire her,  
she makes herself known to them.  
Watch for her early and you will have no trouble;  
you will find her sitting at your gates.  
Even to think about her is understanding fully grown;  
be on the alert for her and anxiety will quickly leave you.  
She herself walks about looking for those who are worthy of her  
and graciously shows herself to them as they go,  
in every thought of theirs coming to meet them.

**The word of the Lord.**

**Thanks be to God.**

**Responsorial Psalm:**

**R.** My soul is thirsting for you, O Lord my God.

**Second Reading: 1 Thessalonians 4:13-18 (JB)**

A reading from the first letter of St Paul to the Thessalonians

*Those who died as Christians, God will bring to life with Jesus.*

We want you to be quite certain, brothers, about those who have died, to make sure that you do not grieve about them, like the other people who have no hope. We believe that Jesus died and rose again, and that it will be the same for those who have died in Jesus: God will bring them with him.

**The word of the Lord.**

**Thanks be to God.**

**Gospel Acclamation**

Alleluia, alleluia!

Be watchful and ready:

you know not when the Son of Man is coming.

Alleluia!

**GOSPEL: Matthew 25:1-13 (JB)**

A reading from the holy Gospel according to Matthew

*Look, the bridegroom comes. Go out to meet him.*

Jesus told this parable to his disciples: 'The kingdom of heaven will be like this: Ten bridesmaids took their lamps and went to meet the bridegroom. Five of them were foolish and five were sensible: the foolish ones did take their lamps, but they brought no oil, whereas the sensible ones took flasks of oil as well as their lamps. The bridegroom was late, and they all grew drowsy and fell asleep. But at midnight there was a cry, "The bridegroom is here! Go out and meet him." At this, all those bridesmaids woke up and trimmed their lamps, and the foolish ones said to the sensible ones, "Give us some of your oil: our lamps are going out." But they replied, "There may not be enough for us and for you; you had better go to those who sell it and buy some for yourselves." They had gone off to buy it when the bridegroom arrived. Those who were ready went in with him to the wedding hall and the door was closed. The other bridesmaids arrived later. "Lord, Lord," they said, "open the door for us." But he replied, "I tell you solemnly, I do not know you." So stay awake, because you do not know either the day or the hour.'

**The Gospel of the Lord.**

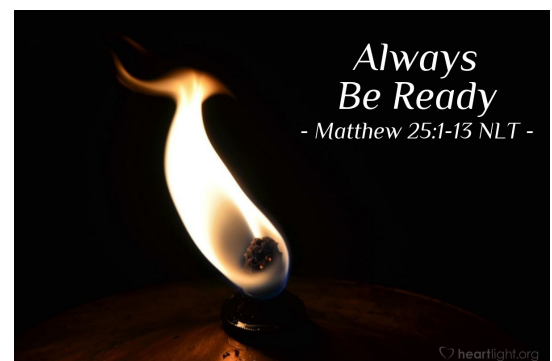
**Praise to you, Lord Jesus Christ.**

**FIRST READING**

Wis 6: 12-16

**Resplendent and unfading is wisdom,  
and she is readily perceived by those  
who love her, and found by those  
who seek her.**

**She hastens to make herself known  
in anticipation of their desire;  
Whoever watches for her at dawn  
shall not be disappointed, for he shall  
find her sitting by his gate.**



## GOSPEL REFLECTION

Wisdom 6:12-16

Psalm 62:2-8

1 Thessalonians 4:13-18

Matthew 25:1-13

In the parable of the ten virgins from Matthew 25:1-13, Jesus stresses the importance of being prepared and vigilant. The key takeaway is readiness: five of the virgins are wise and bring extra oil, while the other five are unprepared and get left out. While it might seem unkind that the prepared virgins don't share their oil, the focus is not on that detail. The story serves as a metaphor for being spiritually prepared.

This parable for the 32nd Sunday in Ordinary Time Year A encourages us to always be ready for unexpected events in life and, by extension, for our own spiritual journey. We can't rely on others to be prepared for us. Each of us is responsible for our own readiness—whether that's in our faith, our relationships, or our personal endeavors. Just as the wise virgins brought extra oil to ensure they wouldn't miss the bridegroom, we too should take steps to be fully prepared in our own lives.

In a practical sense, this could mean regular prayer, ethical actions, and ongoing self-improvement. These "reserves of oil" enable us to face whatever comes our way with a readiness that aligns with our spiritual and ethical foundations. Being prepared allows us to participate fully when opportunities—expected or not—come into our lives.

The common theme from the readings for the 32nd Sunday in Ordinary Time Year A is the importance of wisdom and preparedness in our spiritual lives.

In the first reading, wisdom is described as something that doesn't fade and is found by those who seek it. Being wise in our choices and actions allows us to live a life more aligned with God's will. Wisdom is not just knowledge, but the ability to apply it in a way that brings peace and freedom from worry.

The second reading focuses on the hope we should have regarding the afterlife. It says not to grieve without hope for the departed, for they too will rise again. This is where wisdom comes into play again; a wise person doesn't just focus on the present but prepares for the future, including the afterlife.

***"Jesus, help us to be prepared when you come again!"***

*Source: Young Catholics*

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

### NOVEMBER

- Monday 13 Readings: Wis 1:1-7. Lk 17:1-6.  
**R:** Guide me, Lord, along the everlasting way.
- Tuesday 14 Readings: Wis 2:23-3:9. Lk 17:7-10.  
**R:** I will bless the Lord at all times.
- Wednesday 15 Readings: Wis 6:1-11. Lk 17:11-19.  
**R:** Rise up, O God, bring judgement to the earth.  
**St Albert the Great, bishop, doctor**
- Thursday 16 Readings: Wis 7:22-8:1. Lk 17:20-25.  
**R:** Your word is for ever, O Lord.  
**St Margaret of Scotland and St Gertrude**
- Friday 17 Readings: Wis 13:1-9. Lk 17:26-37.  
**R:** The heavens proclaim the glory of God.  
**St Elizabeth of Hungary, religious**
- Saturday 18 Readings: Wis 18:14-16, 19:6-9, Lk 18:1-8.  
**R:** Remember the marvels the Lord has done.  
**Dedication of the Basilicas of Sts Peter and Paul, apostles.**



*Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen. Saint Gertrude the Great and Saint Matilda, pray for me. Jesus, I trust in You.*

*Source: Ordo 2023*

## POPE FRANCIS' PRAYER INTENTION FOR NOVEMBER 2023

### For The Pope

**We pray for the Holy Father; as he fulfills his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.**



## THE RULE OF ST BENEDICT

*Chapter 4 - To make peace with one's adversary before sundown.*

### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

Bank Details for ONLINE only donations:

**BSB: 062 784 Acct: 100002141**

**Name: Catholic Parish of Arcadia Bank:**

**CBA—Catholic Development Fund**

### ANNIVERSARY OF RELIGIOUS PROFESSION

**Brother Mario Yong Ching**

**9 November 1991 - 32 years**

Congratulations and best wishes on the Anniversary of your Religious profession commitment.

Brother Mario's profession was celebrated this week. The parish of St Benedict's give thanks to the Lord for Brother Mario's vocation and his faithful commitment to the Lord.

### PASTORAL WORKS BROKEN BAY

Pastoral Works Broken Bay is the pastoral charity of our Catholic community, enabling us to reach further and wider in helping our local community, and more deeply connect us to the mission of Jesus.

Our two appeals each year, in May and November, help support two key Diocesan ministries, the Confraternity of Christian Doctrine (CCD) and the Hospital Chaplaincy and Pastoral Care Program. It also contributes to St Lucy's School and St Edmund's College which educate students with disabilities, and supports the deaf community through the Ephpheta Centre.

Every gift, no matter how small, provides the opportunity to add to the happiness of someone else. This November Pastoral Works Broken Bay Appeal is our last for 2023. Although everyone must have a great deal on their mind at this time, perhaps we can think about a contribution to the PWBB appeal.

There are many ways to donate – through envelopes made available by the parishes or through online giving.

Thank you to everyone who has supported, or continues to support our Pastoral Works. Your contribution really does make a difference.

### ROOF UPDATE

Not long and the roof will be complete! It's looking amazing especially as we had local professionals pressure clean all the black soot from the brick walls on the outside. It looks so fresh and clean and ready for Christmas!

**Please ensure children or anyone to stay away from the scaffolding for safety reasons.**



### GALSTON CHRISTIAN EDUCATION ASSOCIATION (GCEA)

#### PRAYER LUNCHEON - CANCELLED

**The GCEA Prayer Luncheon that was due to held on Saturday 18 November in our parish, has, unfortunately, had to be cancelled.**

There will, however, be a Coffee Morning with Paul at Galston High School for pastors, elders and a limited number of members.

When: Tuesday 21st November 10am

Where: Galston High School Café

For more information, please contact Pauline Honor on 0490 025 759

### ST BENEDICT'S FETE 2024

We will be holding a meeting for the Fete on: **Tuesday November 14 at 7pm** in the Parish Meeting Room. Everyone welcome with ideas.

For more information please contact Fr Shansana.

## In Our Parish

*(please let us know if you would like someone added here)*

**We welcome into God's family, all who were recently baptised.**

**We pray for the sick of our Parish, especially Paula El-Chaar, Charlie Micallef, Gina Volpato (John's mum), Brother Mario & Brother Terry, Jenny Taylor and baby Hugo.**

**We remember in our prayers all our dearly beloved who have died, especially Koana Zouein, Charlie Camilleri and John Hourigan. May they rest in Peace.**



## VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:

### DANE MAURER

Thank you Dane for making the parish a beautiful Advent wreath!

God bless you in all you do for our parish.



Who would you like to nominate for next week? Please let us know so we can acknowledge their kindness.



## CATHOLIC WOMEN SELF-CARE WEEK

**FREE 5-day training  
with Catholic Coach Monica Elias  
Nov 13-17**

Are you perpetually on the edge of burnout? Whether you are overwhelmed with the demands of a large family, juggling work and home, or pouring yourself out in service in ministries or volunteering, **Catholic women are in a constant state of stress, overwhelm, and exhaustion.**

Day 1: Self-care through Self-talk  
Day 2: Self-care through your Ideal Conditions  
Day 3: Self-care through your Strengths  
Day 4: Self-care through your Motivations  
Day 5: Q&A and open coaching

Learn the secret to taking better care of yourself so that you can do the work God has for you in the world.

Join us at [tinyurl.com/catholicselfcare2023](https://tinyurl.com/catholicselfcare2023).

Email Monica Elias: [mjelias17@gmail.com](mailto:mjelias17@gmail.com) for queries.

Monica Elias Coaching

*presents*

**CATHOLIC  
SELF-CARE  
WEEK**

November 13-17 2023



## CCC PRAYER GROUP

Prayer meeting held every  
**Wednesday morning**: after 9.30am Mass.  
Everyone welcome.

**Come and meet new people and have a cuppa!**  
For more details call Mary Camilleri on 0403 116 987.

## CATECHISTS' NEWS

Current training available for all Catechists who have completed the induction training – 'Level 2 Certificate – The Church in the 3<sup>rd</sup> Millennium' – Fridays 10am – 12:15pm via Zoom. This week's session - Friday 17<sup>th</sup> November, the topic will be 'Interfaith Dialogue and Ecumenism'. To register email [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au), or for further information please contact me.

The CCD is also holding an Advent Reflection Day on Friday 1<sup>st</sup> December 10am-1pm at Chatswood. RSVP [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au) or for further information please contact me.

We are rapidly coming the end of the teaching year. Final SRE dates are –

Arcadia – final teaching day Wed 22<sup>nd</sup> Nov, Combined Assembly Wed 6<sup>th</sup> December

Galston – final teaching day Wed 29<sup>th</sup> Nov, Combined Assembly Wed 13<sup>th</sup> December

Glenorie – final teaching day Wed 22<sup>nd</sup> Nov, Combined Assembly Wed 29<sup>th</sup> November

Hillside – final teaching day Fri 17<sup>th</sup> Nov, Combined Assembly Fri 24<sup>th</sup> November

Middle Dural – final teaching day Wed 22<sup>nd</sup> Nov, Combined Assembly Wed 29<sup>th</sup> November

If you are interested in knowing more about being a Catechist (Scripture teacher) or helper please feel free to talk to me, or Paula in the parish office or our priests, or any parish Catechist.

God bless,

Miriam Brown (email:

[srearcadia@gmail.com](mailto:srearcadia@gmail.com))

Parish Catechist Co-ordinator



*CatholicCare*  
Society of Diocesan Day

**VOLUNTEERS NEEDED**

AGED CARE VOLUNTEER VISITORS SCHEME

[www.catholiccaredbb.org.au/volunteer](http://www.catholiccaredbb.org.au/volunteer)

## CRAFT GROUP



The quilting group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room. Everyone welcome!

## ITALIAN ROSARY GROUP

Every Monday 2.00pm.  
Everyone welcome.

For more details call  
Angela Egiziano Ph: 9653 2312.





## SAINT OF THE WEEK

**ST ALBERT THE GREAT,  
Bishop and Doctor**

**Feast Day: November 15**

**C. 1200-1280**

Patron Saint of scientists, medical technicians, natural sciences, philosophers, schoolchildren, and theology students

Canonized by Pope Pius XI on December 16, 1931

Declared a Doctor of the Church (Universal Doctor) during his canonization

One of the greatest minds in the history of the Church was born in the Holy Roman Empire around the turn of the thirteenth century in the town of Lauingen, modern-day Germany. Different sources date his birth in various years between 1193 and 1206. He was known as Albert of Lauingen when born, but even before his death he was often referred to as Albert the Great (*Albertus Magnus*).

Albert was born into a noble family, with some accounts identifying his father as a count. Because of his noble status, he enjoyed the blessing of an excellent education, either at home from private tutors or in a neighbouring school. At some point after completing his elementary studies, he was sent to the University of Padua to study the liberal arts and was also introduced to the philosophy of Aristotle that would become foundational for his later writings. Around 1223, Albert joined the Dominican order, possibly as a result of an apparition in which the Blessed Virgin Mary instructed him to do so. He continued his studies in important schools in Padua, Paris, and Cologne to complete his education in philosophy and theology.

Around the time that Brother Albert finished his studies, he was ordained to the sacred priesthood and was assigned to various teaching posts throughout Europe, most notably in Cologne for several years. Around 1245, Father Albert earned the distinction of "Master of Theology" from the prestigious Saint-Jacques at the University of Paris, where he also was given the Chair of Theology.

It is difficult to know what was taking place within the mind and soul of Father Albert during these first twenty-two years as a Dominican, but it is clear from the abundant good fruit borne from his life that he was intimately united to God. Later biographers describe him as having a voracious appetite for sacred knowledge, with the heavens opening up upon him, filling his mind with divine light. Unique to his thought was the incorporation of Aristotle's philosophical principles in logic and metaphysics with theology. Before Father Albert, no one had thoroughly incorporated the two strains of thought. This was partly due to the fact that all of Aristotle's works had only recently been translated into Latin from ancient Greek.

Father Albert was not only a philosopher and theologian, he was a walking encyclopedia who seemed to have mastered all subjects. The compilation of his writings fills thirty-nine encyclopedic volumes and covers a multitude of topics, including logic, metaphysics, rhetoric, theology, botany, geography, astronomy, astrology, mineralogy, alchemy, zoology, physiology, phrenology, justice, law, politics, economics, friendship, and love. One might ask what most of these have to do with theology. Father Albert would reply that they all have to do with theology because they all come from God and are all in perfect harmony with each other. Today some suggest that science and faith contradict each other. Father Albert would be the first to challenge that belief and would thoroughly defend his position. The simple answer is that if God is the source of all the natural sciences, logic, revelation, law, and order, and all that is true, then God cannot contradict Himself. He cannot create the natural sciences with one truth and then reveal in theology another truth. What is true is that which is in the mind of God, no matter the subject, and that which is in the mind of God is perfectly harmonious. All creation reveals and glorifies God in its own perfect way!

Though Father Albert was one of the most prolific and profound writers in the Church, God also used him to help form a man who became the Church's greatest theologian: Saint Thomas Aquinas, the Angelic Doctor. Father Thomas Aquinas was about twenty-five years younger than Father Albert but died five years before him. It was in Paris that the twenty-year-old Father Thomas became Father Albert's student. Their teacher-student bond grew into a profound mutual respect and friendship. In many ways, Father Albert laid the foundation for Father Thomas by helping him embrace and "Christianize" Aristotelian logic and metaphysics. Father Albert was the first of the Church's theologians to write upon every aspect of Aristotle, and Father Thomas soaked it all up, later building upon it to produce what is arguably the most important theological work ever written: the *Summa Theologiae* ("Summary of Theology" or "Compendium of Theology").

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Together, these men were among the greatest theologians to show that faith and reason are not exclusive of each other; rather, they are intimately interwoven and inseparable. When pure human reason is used to analyze the content of divine revelation (faith), the mind is able to extrapolate deeper truths and bring them to their logical conclusion, even to the highest degrees of abstraction. The bond and respect between Fathers Albert and Thomas was so deep that when Father Albert was transferred to Cologne in 1248, Father Thomas followed him.

In 1254, Father Albert was made the provincial superior of the Dominican Order, adding administrative duties to his academic pursuits. In 1260, Pope Alexander IV appointed him as the Bishop of Regensburg, where he remained for the next three years. During that time, though Bishop Albert was among the greatest minds in the Church, his humility won the hearts of his people, and he was able to bring healing to divisions that plagued that diocese. After Bishop Albert resigned his position, the pope employed him for diplomatic missions while Bishop Albert continued his academic pursuits.

Because Bishop Albert and Father Thomas Aquinas were groundbreakers in the use of Aristotelian logic and metaphysics, there were some who criticized them. In 1277, two years after Father Thomas died, the Bishop of Paris issued an edict condemning 219 theological propositions that were deduced from Aristotelian logic by various theologians, stating that God's Almighty Power was so transcendent that the propositions violated God's Omnipotence. Twenty of those 219 were from Father Thomas. Some stories state that despite his age (about seventy-seven), Bishop Albert traveled to Paris to personally defend his saintly student. In the end, both teacher and student became saints and Doctors of the Church, thus pointing to the true omnipotence of God.

Saint Albert the Great was a man with a mind on fire with the Holy Spirit. Mere human intellectual capacity could never achieve what he achieved. Some saints are filled with the fortitude necessary to die as martyrs, some are mystics whose lives reveal the holiness of God, some are founders who build up the Church through new charisms and religious communities, and some, like Saints Albert and Thomas, receive the gift of intellect, infused with the highest degree of the virtues of wisdom, knowledge, understanding, and prudence, by which they are able to leave the Church a solid theological foundation upon which it can continue to be built.

As we honor the "Great" Saint Albert, Doctor of the Church, who was designated as Universal Doctor because he mastered every subject, ponder the simple fact that, despite his having one of the greatest minds in the history of thought, his proficiency is but a drop of water in the ocean compared to the mind of God. This humble truth is something Saint Albert would have readily professed, yet it never stopped him from striving to become that one drop, given that it was one small way of comprehending and articulating what God has revealed to us. And that which comes from God, no matter how small in comparison to the Reality, has infinite value. Seek to imitate Saint Albert by renewing your commitment to the study of your faith so that your mind will experience but a drop of the grace given to this greatest of men.

*Saint Albert the Great, though your mind was incapable of comprehending the depth and breadth of God, you strove for that goal nonetheless. As a result of that continuous striving, God used you in numerous ways, helping to lay a firm foundation for the development of the Church's faith. Please pray for me, that I will devote myself more fully to the study, prayerful pondering, and contemplation of all that God has revealed, so that I will be drawn more deeply into communion with Him. Saint Albert the Great, pray for me. Jesus, I trust in You.*

Source: mycatholic.life

### **DONATING MEN'S CLOTHING FOR SEAFARERS**

Stella Maris Seafarers, a Catholic organisation helping seafarers, would appreciate any donations of second hand men's clothing, Puzzles (with all pieces) etc. as well as any personal hygiene items such as soap, shampoo, deodorant, toothbrush, toothpaste etc. Please leave the items in the meeting room near the kitchen and they will be picked up weekly and taken to Sr Mary Leahy and I can tell you she will be most excited. Many Thanks for your kind Generosity.

Sr Mary boards every ship that pulls into Botany Bay and checks on the welfare of the sailors, she is also a trained nurse and if she sees sick, injured or suspects abuse she reports it.

*Cathy Holling 0403 062 255*


### **INTERESTED IN A JOB WITH CATHOLICCARE?**

We are the social care and support agency of the Catholic Church in the Diocese of Broken Bay, assisting children, young people and adults to live more enriched lives.

We provide quality services tailored to individual needs which consider people's social and cultural backgrounds. Our team are inspired, capable, compassionate and embody our values and demonstrate our mission in their work. In return for their passion and commitment we offer great benefits to ensure our people are motivated, challenged and supported to achieve their full potential. To see our current job vacancies visit

[www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au) and click the CAREERS button on the top menu or call 1800 324 924.

*Please join us for morning tea after the 9am Mass*

<p align="center"><b>NEXT WEEKEND'S ROSTER</b>  <b>18/11/2023 to 19/11/2023</b>  <b>THIRTY-THIRD SUNDAY IN ORDINARY TIME - YEAR A</b></p>			
	<b>Saturday 7pm</b>	<b>Sunday 9am</b>	<b>Sunday 10.30am</b>
<b>Acolyte</b>		Nigel M	
<b>Reader1</b>	Margaret B	Teresa G	Martina J
<b>Reader2</b>	Mary C	Melanie H	Mirko J
<b>Prayers</b>	Sr Carol T	Lorraine D	Leon J
<b>TV</b>		Mary A	Michael E
<b>Music</b>		Mark Q	Karina S
<b>Music</b>		Helen F	Noelle T
<b>Music</b>		Keith W	John T
<b>Music</b>		Marisa Q	
<b>Morning Tea</b>		Tania T	
 <b>FLOWERS</b>	Rose G		

*Parish Roster*

*Thank You!*

*Thank you to all our volunteers, we really appreciate it!  
 If anyone would like to join our parish roster please contact the parish.*

#### **ACKNOWLEDGMENT**

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

#### **SAFEGUARDING MISSION STATEMENT**

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:*

*Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.*

### **PARISH OFFICE HOURS:**

**Mondays & Fridays:** 9.30am to 2.30pm

**Parish Office:** 02 9653 2312  
**Email:** arcadia.parish@bigpond.com

**Parish Priest:** Fr Shansana Samarasinghe OSB  
**Email:** sanshanasamarasinghe@yahoo.com  
**After hours:** 0437 884 233

**Address:** 2 Fagans Road, Arcadia NSW 2159  
**Postal address:** 121 Arcadia Rd, Arcadia NSW 2159

**Website:** [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)  
**Facebook:** [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

**MONASTERY:** 9653 1159



**BANK DETAILS for ONLINE only donations:**  
**BSB:** 062 784 **Account:** 100002141  
**Account Name:** Catholic Parish of Arcadia Bank:  
**CBA—Catholic Development Fund**

**For all parish Occupational Health & Safety and Safeguarding Children matters Contact:**  
**Lorraine Dailey on 0416 081 882.**